What to Say When You Sneeze in Islam: Sneeze Dua for Kids

Name: _____ Date: _____

1 Fill in the missing word

Word bank: **Alhamdulillah** **replies** **Yarhamuk Allah**

1. The person who sneezes says _____ (all praise is for Allah).
2. The person who hears it answers _____ (may Allah have mercy on you).
3. The first person _____ with a short dua asking Allah to guide them and make their affairs good.

2 Let's talk

1. Who says Alhamdulillah, the person who sneezes or the person who hears it?

2. Why is it kind to answer someone who sneezes?

3. What can we use to cover a sneeze?

3 I practised it this week

Colour a star each day you remember to do it.

Mon	Tue	Wed	Thu	Fri	Sat	Sun
☆	☆	☆	☆	☆	☆	☆

4 Draw it!

Draw what you learned today.

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1 Fill in the missing word

1. The person who sneezes says **Alhamdulillah** (all praise is for Allah).
2. The person who hears it answers **Yarhamuk Allah** (may Allah have mercy on you).
3. The first person **replies** with a short dua asking Allah to guide them and make their affairs good.

2 Let's talk: what to listen for

Every child's answer will be a little different. Praise any answer in their own words that shows these ideas:

- The person who sneezes says **Alhamdulillah** (all praise is for Allah).
- The person who hears it answers **Yarhamuk Allah** (may Allah have mercy on you).
- The first person replies with a short dua asking Allah to guide them and make their affairs good (Sahih al-Bukhari 6224).
- Cover your nose and mouth with a tissue or your elbow, then wash your hands.

3 I practised it this week

No right or wrong answers. Colour the stars together at bedtime and praise the effort, not just the result.

4 Draw it!

Any picture is a good answer. Ask your child to tell you about it, and write their words under the drawing.

Try this at home

Listen to the words in the video with an adult. Practice the conversation using pretend sneezes and talk about covering a real sneeze appropriately. Watch at your own pace and pause whenever you want to talk. This companion activity is an idea to try together, rather than a transcript of the video.

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