Waiting Your Turn: Patience in Islam for Kids

Name: _____ Date: _____

1 Fill in the missing word

Word bank: **believers** **everyday** **Patience**

1. _____ is called sabr in Arabic, and it is a quality Allah loves.
2. Allah tells the _____ to seek help through patience and prayer, and that Allah is with the patient.
3. Waiting our turn is a small, _____ way to practise sabr.

2 Let's talk

1. When is it hard for you to wait?

2. What can you do with your hands and words while you wait?

3. How do you think your friend feels when you let them go first?

3 I practised it this week

Colour a star each day you remember to do it.

Mon	Tue	Wed	Thu	Fri	Sat	Sun
☆	☆	☆	☆	☆	☆	☆

4 Draw it!

Draw what you learned today.

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1 Fill in the missing word

1. **Patience** is called sabr in Arabic, and it is a quality Allah loves.
2. Allah tells the **believers** to seek help through patience and prayer, and that Allah is with the patient.
3. Waiting our turn is a small, **everyday** way to practise sabr.

2 Let's talk: what to listen for

Every child's answer will be a little different. Praise any answer in their own words that shows these ideas:

- Patience is called sabr in Arabic, and it is a quality Allah loves.
- Allah tells the believers to seek help through patience and prayer, and that Allah is with the patient (meaning of Quran 2:153).
- Waiting our turn is a small, everyday way to practise sabr.
- We can use the waiting time well: breathe slowly, say dhikr or think of something kind to do.

3 I practised it this week

No right or wrong answers. Colour the stars together at bedtime and praise the effort, not just the result.

4 Draw it!

Any picture is a good answer. Ask your child to tell you about it, and write their words under the drawing.

Try this at home

Use a sand timer or a phone timer for turns with a favourite toy. While waiting, the child can say a quiet dhikr such as "SubhanAllah" or count to ten slowly. Celebrate when the timer ends and the turn swaps over.

Source

- Quran 2:153: believers are told to seek help through patience and prayer, and that Allah is with those who are patient.

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