Use Your Quiet Voice: Luqman's Advice for Muslim Kids

Name: _____ Date: _____

1 Fill in the missing word

Word bank: **advice** **gentle** **Luqman**

1. _____ was a wise man whose advice to his son is in the Quran, in a surah named after him.
2. One piece of his _____ was to walk calmly and lower our voice.
3. A _____ voice is kind to the people around us.

2 Let's talk

1. Where should we use our quietest voice?

2. How do you feel when someone shouts near you?

3. Can you tell me something kind using your indoor voice?

3 I practised it this week

Colour a star each day you remember to do it.

Mon	Tue	Wed	Thu	Fri	Sat	Sun
☆	☆	☆	☆	☆	☆	☆

4 Draw it!

Draw what you learned today.

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1 Fill in the missing word

1. **Luqman** was a wise man whose advice to his son is in the Quran, in a surah named after him.
2. One piece of his **advice** was to walk calmly and lower our voice.
3. A **gentle** voice is kind to the people around us.

2 Let's talk: what to listen for

Every child's answer will be a little different. Praise any answer in their own words that shows these ideas:

- Luqman was a wise man whose advice to his son is in the Quran, in a surah named after him.
- One piece of his advice was to walk calmly and lower our voice (meaning of Quran 31:19).
- A gentle voice is kind to the people around us.
- There is a time for a big voice too, like cheering outside or calling for help.

3 I practised it this week

No right or wrong answers. Colour the stars together at bedtime and praise the effort, not just the result.

4 Draw it!

Any picture is a good answer. Ask your child to tell you about it, and write their words under the drawing.

Try this at home

Play the "voice dial" game. Hold up one finger for a whisper, two for an indoor voice and three for an outside voice. Call out places (the masjid, the playground, the library, the car) and let your child show the right number.

Source

- Quran 31:19: part of Luqman's advice to his son, to be moderate in how he walks and to lower his voice.

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