Say Something Good or Stay Quiet: Hadith for Kids

Name: _____ Date: _____

1 Fill in the missing word

Word bank: **change** **helpful** **quiet**

1. Think before you speak: is it kind, true and _____?
2. If it is not good, it is okay to stay _____.
3. Kind words can _____ a whole day for someone.

2 Let's talk

1. Can you think of a kind thing to say to a friend?

2. How could we change "You can't play" into a kind sentence?

3. What can you do if someone says something unkind to you?

3 I practised it this week

Colour a star each day you remember to do it.

Mon	Tue	Wed	Thu	Fri	Sat	Sun
☆	☆	☆	☆	☆	☆	☆

4 Draw it!

Draw what you learned today.

Say Something Good or Stay Quiet: Hadith for Kids

1 Fill in the missing word

1. Think before you speak: is it kind, true and **helpful**?
2. If it is not good, it is okay to stay **quiet**.
3. Kind words can **change** a whole day for someone.

2 Let's talk: what to listen for

Every child's answer will be a little different. Praise any answer in their own words that shows these ideas:

- Think before you speak: is it kind, true and helpful?
- If it is not good, it is okay to stay quiet.
- Kind words can change a whole day for someone.

3 I practised it this week

No right or wrong answers. Colour the stars together at bedtime and praise the effort, not just the result.

4 Draw it!

Any picture is a good answer. Ask your child to tell you about it, and write their words under the drawing.

Try this at home

Compare a helpful sentence with an unkind one. Try changing “You cannot play” into a welcoming suggestion, and talk about asking for help when someone is hurt. Watch at your own pace and pause whenever you want to talk. This companion activity is an idea to try together, rather than a transcript of the video.

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