Dua for Leaving the House for Kids: Say Bismillah Before You Go

Name: _____ Date: _____

1 Fill in the missing word

Word bank: **Bismillah** **Remembering** **tawakkaltu**

1. Say _____ before leaving home or getting in the car.
2. A short dua for leaving home is Bismillah, _____ ala Allah: in the name of Allah, I trust in Allah.
3. _____ Allah helps us feel calm and safe.

2 Let's talk

1. What do we say before we leave the house?

2. Where are you going today?

3. Why do we trust Allah when we go out?

3 I practised it this week

Colour a star each day you remember to do it.

Mon	Tue	Wed	Thu	Fri	Sat	Sun
☆	☆	☆	☆	☆	☆	☆

4 Draw it!

Draw what you learned today.

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1 Fill in the missing word

1. Say **Bismillah** before leaving home or getting in the car.
2. A short dua for leaving home is Bismillah, **tawakkaltu** ala Allah: in the name of Allah, I trust in Allah.
3. **Remembering** Allah helps us feel calm and safe.

2 Let's talk: what to listen for

Every child's answer will be a little different. Praise any answer in their own words that shows these ideas:

- Say **Bismillah** before leaving home or getting in the car.
- A short dua for leaving home is **Bismillah, tawakkaltu ala Allah**: in the name of Allah, I trust in Allah (Abu Dawud 5095).
- Remembering Allah helps us feel calm and safe.

3 I practised it this week

No right or wrong answers. Colour the stars together at bedtime and praise the effort, not just the result.

4 Draw it!

Any picture is a good answer. Ask your child to tell you about it, and write their words under the drawing.

Try this at home

Before a pretend journey, pause and remember the phrase from the video. Let your child choose the destination and practice getting ready calmly. Watch at your own pace and pause whenever you want to talk. This companion activity is an idea to try together, rather than a transcript of the video.

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