Helping Grandma: Kindness to Elders for Muslim Kids

Name: _____ Date: _____

1 Fill in the missing word

Word bank: carrying | jumping | teaches

1. Islam _____ us to respect elders and be gentle with them.
2. Small help counts: _____ something light, passing a cup or keeping someone company.
3. Ask first what help a person wants before _____ in.

2 Let's talk

1. How did the child help Grandma?

2. What could you do for an older person in your family?

3. How do you think Grandma felt?

3 I practised it this week

Colour a star each day you remember to do it.

Mon	Tue	Wed	Thu	Fri	Sat	Sun
☆	☆	☆	☆	☆	☆	☆

4 Draw it!

Draw what you learned today.

Helping Grandma: Kindness to Elders for Muslim Kids

1 Fill in the missing word

1. Islam **teaches** us to respect elders and be gentle with them.
2. Small help counts: **carrying** something light, passing a cup or keeping someone company.
3. Ask first what help a person wants before **jumping** in.

2 Let's talk: what to listen for

Every child's answer will be a little different. Praise any answer in their own words that shows these ideas:

- Islam teaches us to respect elders and be gentle with them.
- Small help counts: carrying something light, passing a cup or keeping someone company.
- Ask first what help a person wants before jumping in.

3 I practised it this week

No right or wrong answers. Colour the stars together at bedtime and praise the effort, not just the result.

4 Draw it!

Any picture is a good answer. Ask your child to tell you about it, and write their words under the drawing.

Try this at home

Ask a family member what help they would welcome. Carry a light item or put something away together, then talk about listening before helping. Watch at your own pace and pause whenever you want to talk. This companion activity is an idea to try together, rather than a transcript of the video.

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