Brushing Teeth Sunnah for Kids – Miswak & Clean Teeth

Name: _____ Date: _____

1 Fill in the missing word

Word bank: **Keeping** **miswak** **morning**

1. _____ clean is part of being a Muslim
2. Brush in the _____ and before bed
3. The Prophet ﷺ loved the _____ and a clean mouth

2 Let's talk

1. How much toothpaste did Layla need?

2. When do we brush our teeth?

3. What is a miswak?

3 I practised it this week

Colour a star each day you remember to do it.

Mon	Tue	Wed	Thu	Fri	Sat	Sun
☆	☆	☆	☆	☆	☆	☆

4 Draw it!

Draw what you learned today.

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1 Fill in the missing word

1. **Keeping** clean is part of being a Muslim
2. Brush in the **morning** and before bed
3. The Prophet ﷺ loved the **miswak** and a clean mouth

2 Let's talk: what to listen for

Every child's answer will be a little different. Praise any answer in their own words that shows these ideas:

- Keeping clean is part of being a Muslim
- Brush in the morning and before bed
- The Prophet ﷺ loved the miswak and a clean mouth

3 I practised it this week

No right or wrong answers. Colour the stars together at bedtime and praise the effort, not just the result.

4 Draw it!

Any picture is a good answer. Ask your child to tell you about it, and write their words under the drawing.

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