Dua After Eating for Kids – Alhamdulillah

Name: _____ Date: _____

1 Fill in the missing word

Word bank: Alhamdulillah

1. A family mealtime example of gratitude and saying _____ after food.

2 Tick what we learned

☐ A family mealtime example of gratitude and saying Alhamdulillah after food.

3 I practised it this week

Colour a star each day you remember to do it.

Mon	Tue	Wed	Thu	Fri	Sat	Sun
☆	☆	☆	☆	☆	☆	☆

4 Draw it!

Draw what you learned today.

Dua After Eating for Kids – Alhamdulillah

1 Fill in the missing word

1. A family mealtime example of gratitude and saying **Alhamdulillah** after food.

2 Tick what we learned

Read each line together and tick it when your child can tell you about it.

3 I practised it this week

No right or wrong answers. Colour the stars together at bedtime and praise the effort, not just the result.

4 Draw it!

Any picture is a good answer. Ask your child to tell you about it, and write their words under the drawing.

Try this at home

After eating together, invite your child to name something they appreciated about the meal. Practise the words heard in the video together and thank the person who prepared the food. After every meal Mohid and Layla say Alhamdulillah. This short video helps children build the habit of thanking Allah for their food.

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